



## **CONCUSSION POLICY**

The Director or designee shall annually distribute to student athletes and their parents/guardians an information sheet on concussions and head injuries. The student and parent/guardian shall sign and return the information sheet before the student's initiating practice or petition. (Education Code 49475)

If a student is suspected of sustaining a concussion or head injury in an athletic activity, he/she shall be immediately removed from the activity for the remainder of the day. The student shall not be permitted to return to the activity until he/she is evaluated by a licensed health care provider trained in the management of concussions and receives the health care provider's written clearance to return to the activity. If the health care provider determines that the athlete sustained a concussion or a head injury, the athlete shall also complete a graduated return-to-play protocol if no less than seven days in duration under the supervision of a licensed health care provider. (Education Code 49475)

The Director or designee shall notify the student's parent/guardian in writing, email or phone of the date, time, and extent of any injury suffered by the student and any actions taken to treat the student.

In the case of a head injury during the regular school day or in aftercare, the school will notify the student's parent/guardian in writing, email, or phone of the head injury and asked to monitor for symptoms of a concussion. If a health care provider determines that the student has sustained a concussion, the parent/guardian will be asked to provide a return-to-play protocol from the health care provider.